

Psychic Clearing Tools

from Marguerite Rigoglioso, Ph.D., Founding Director of Seven Sisters Mystery School

Clearing Tools

- Golden light inhale/exhale to clear/steady (you received this as a bonus with the Soul Relief & Renewal Weekend)
- Shower of crystalline diamond white light to refresh/awaken
- Decoding from people, places, things to clear

- Stand up and jump and jiggle to shake out energies you don't want in your body, like sand going down into earth.

- From the Andromedans: Stand up and send light from pineal point through brain and down the spinal column out through the nerve pathway and organs. Eyes, ears, back of skull (alta major). To clear this area and help dormant and helpful DNA begin to activate again. Bring in platinum light, then gold, then crystalline diamond white light. (If comfortable, hold the Dakini pose.)

- Running golden light/suns to further detox and smooth the energy body

Healing Tools

- Chant on a full mala (108 times)

Dhīm ra ra mantra:

Dhīm (pronounced deem) ra ra

MEANING: Dhīm is the bijakshra connected to Mother Divine; ra ra is calling her to you; first sound your soul hears when you come out of the womb

PURPOSE/INTENTION: Heal body sickness and any type of problem.

Klīm ra ra mantra:

Klīm (pronounced) Kleem ra ra

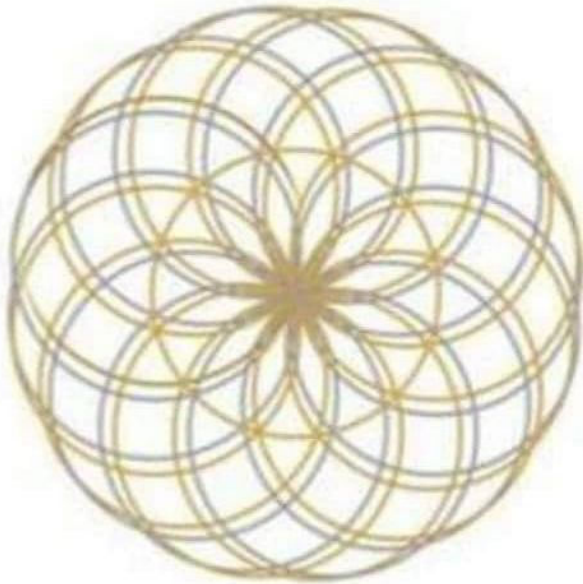
MEANING: Klīm is a Maha Durga Bija—calling her and her 8 weapons to kill the negativity; Ra Ra—is inviting her energy to come to you – this connects you to the real Mother's womb. Is sound the soul hears when we die.

PURPOSE/INTENTION:

Healing heartbreak of kama (sexual desire-based) relationships

NOTE: These mantras are taken from the Holy Womb Chakra Teachings of Sri Kaleshwar and the course is available on-demand by Marguerite at <https://www.sevensistersmysteryschool.com/holy-womb-chakra-teachings/>

- From Andromedans: Use the original Flower of Life geometry within each chakra to heal each chakra and your entire body from within, including even within each cell, starting from the nucleus, by pulling the Source Creator light out from the center of the Lotus, seeing the Lotus or Rose continually blooming in three dimensions and radiating the light:



Heal your entire body/mind/spirit, and auric field with this.

Eventually, radiate the Source Creator light out from one or more continually unfolding/blooming Flowers of Life in any of your chakras and out to the entire world... and Universe.

- Remember to heal/open the “Winged chakra” at your back between your shoulder blades. See/feel your Angelic/Sidhe wings growing back.