

Soul Relief & Renewal



With Dawn DelVecchio, MA & Marguerite Rigoglioso, PhD

Session #1: Overview

Planetary Ascension Cycle

Transformation/Evolution of Our Planet

Old Control Matrix Unravelling

**Our Frequency Upgrades Make a
Massive Difference for the Collective**

Planetary Ascension Cycle

**Our Frequency Upgrades Make a
Massive Difference for the Collective**

Because we are all connected.

Ultimately, we are all ONE.

Planetary Ascension Cycle

“Levels” of Consciousness Experience

The 1 Self

Heal/Activate Self - Change the World

Gaia is Ascending

She is no longer a frequency match for systems & consciousness steeped in fear, which is founded upon

A Belief in Separation

And Breeds:

Hatred

Judgement

The Belief in Attack

War

Dominator Models of Relationships

Ascension Acceleration

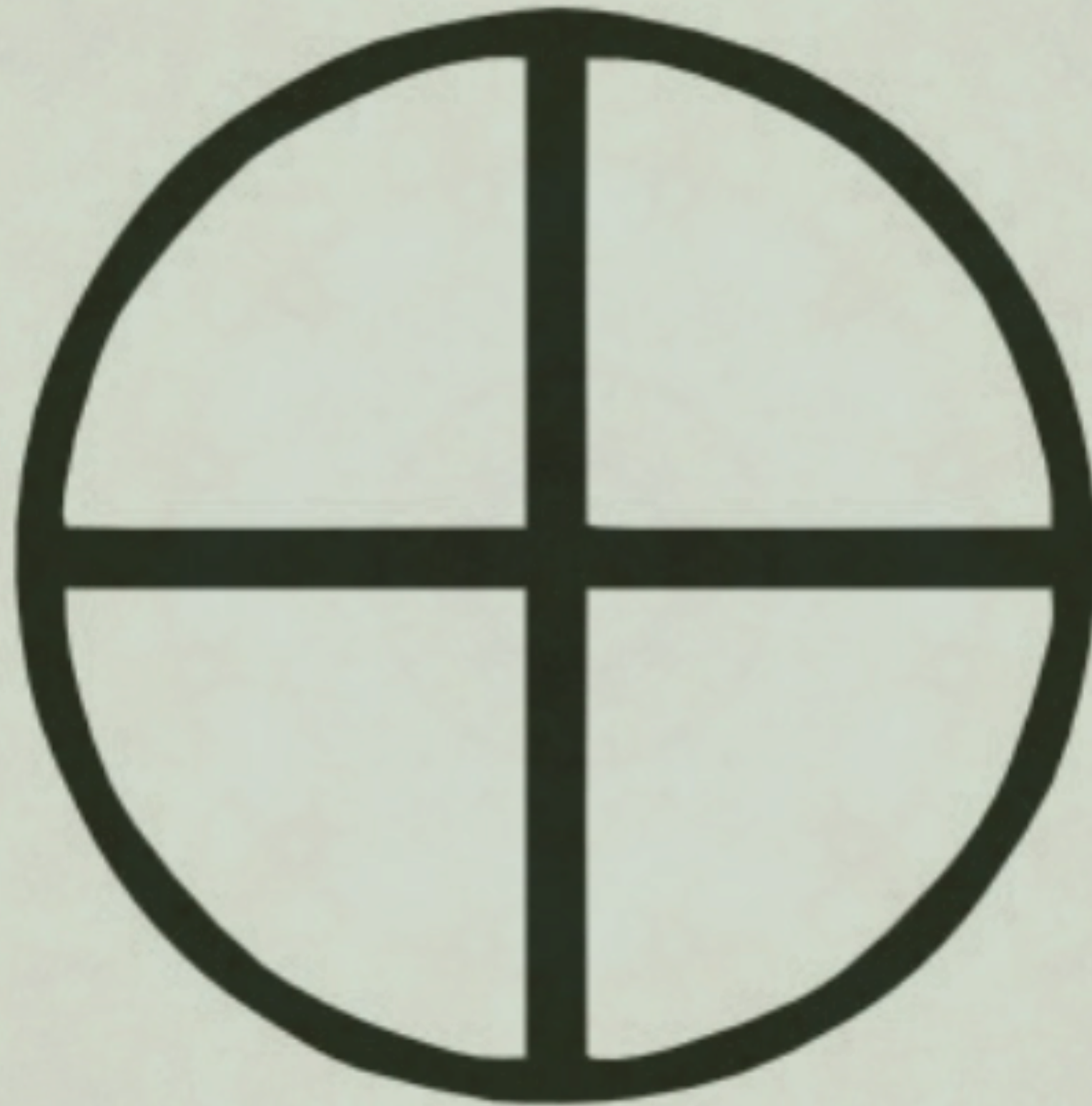
Faster Manifestation

Creation/Miscreation

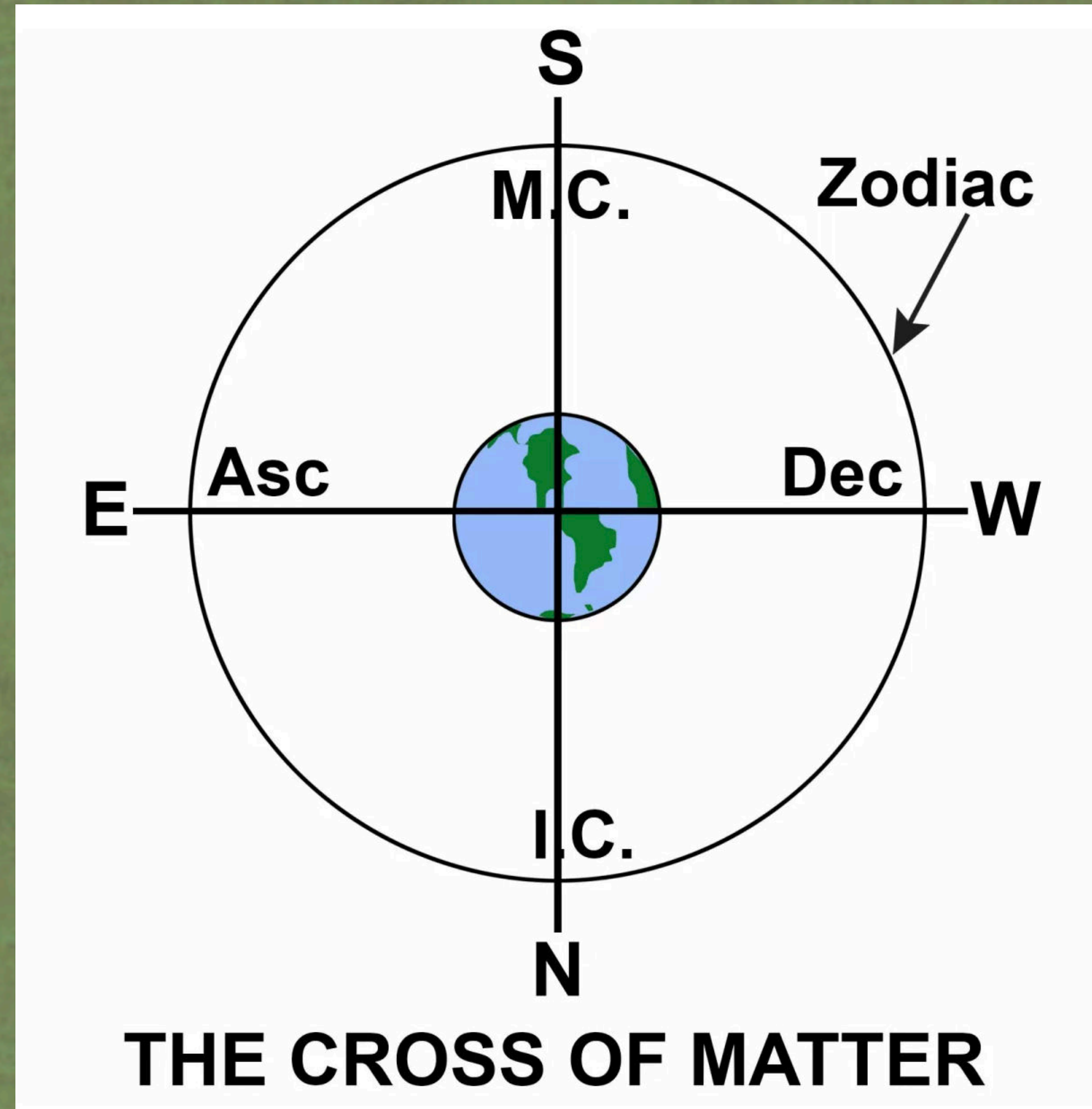
Our Frequency & Focus is What Creates, so ...

Where are we Focusing?

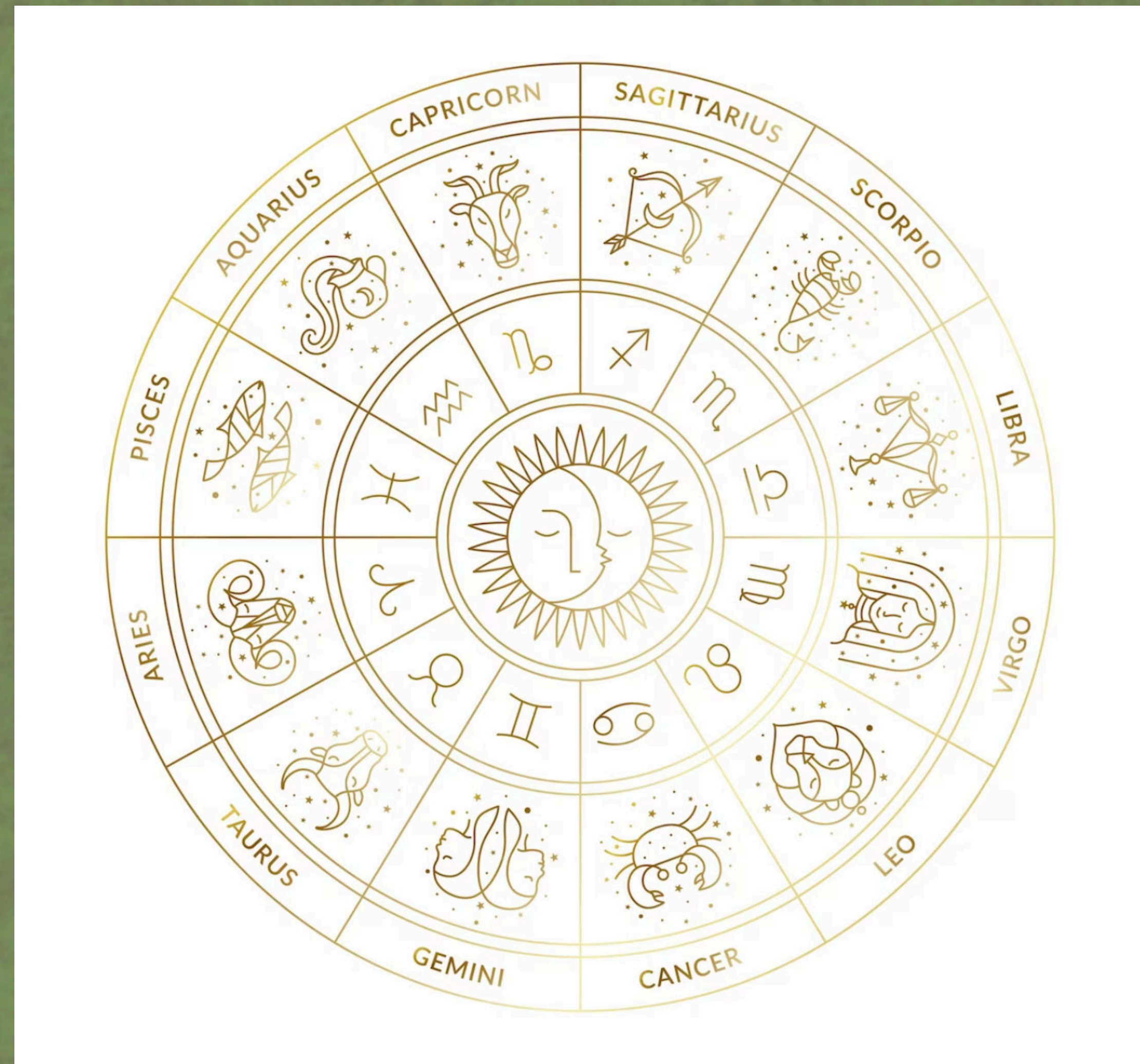
The Cross of Matter



The Cross of Matter



Astrology & the Age of Aquarius



Astrology & the Age of Aquarius

Pluto Enters Aquarius for 20 years: January 22, 2024

North Node Enters Aquarius: July 28, 2026

Pluto Conjunct North Node in Aquarius: Nov. 16, 2027

Solar Eclipse (Pluto, Moon, NN conjunct): Jan. 26, 2028

This is but one of a number of cycles

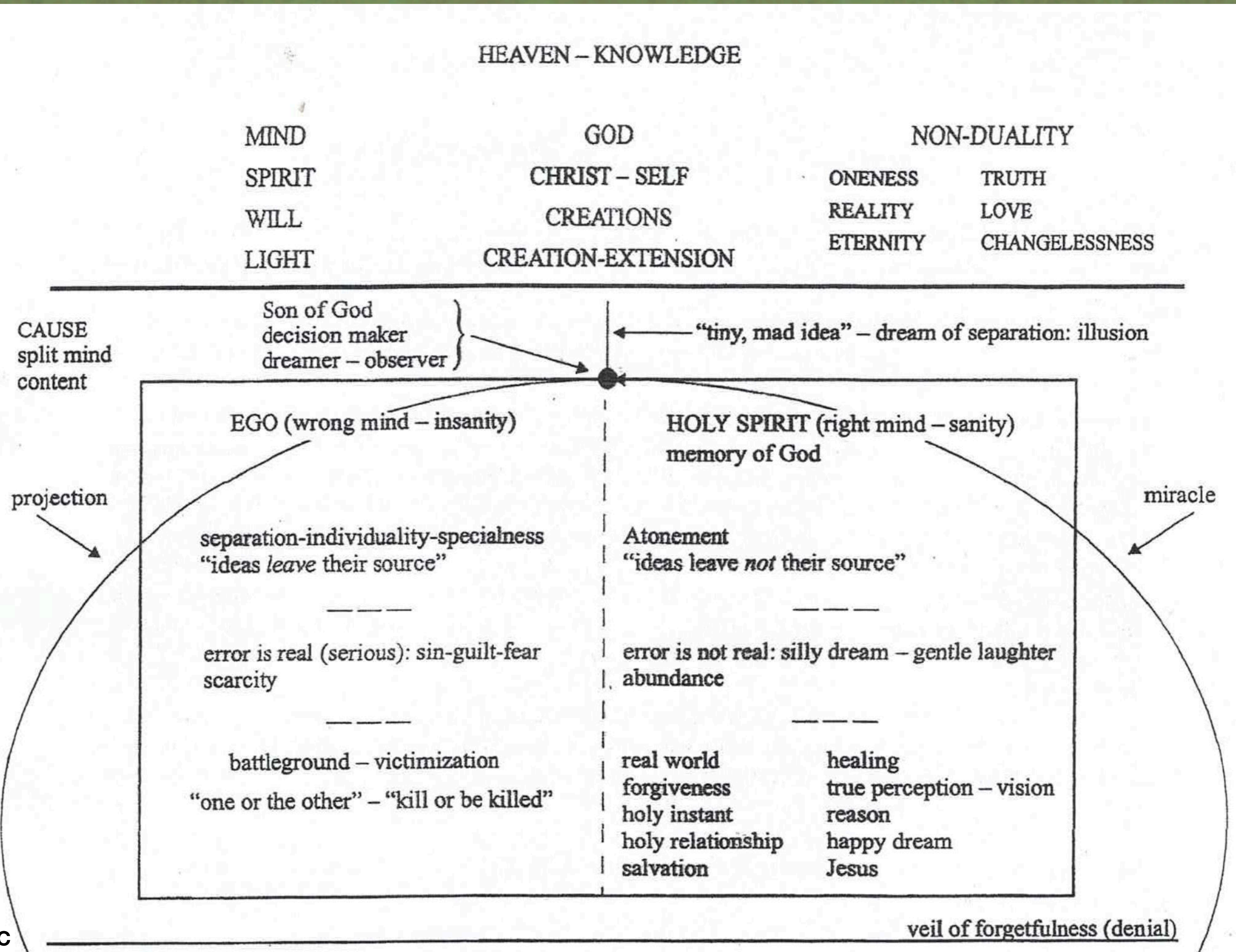
Ascension Acceleration

**Our Frequency Upgrades Make a
Massive Difference for the Collective**

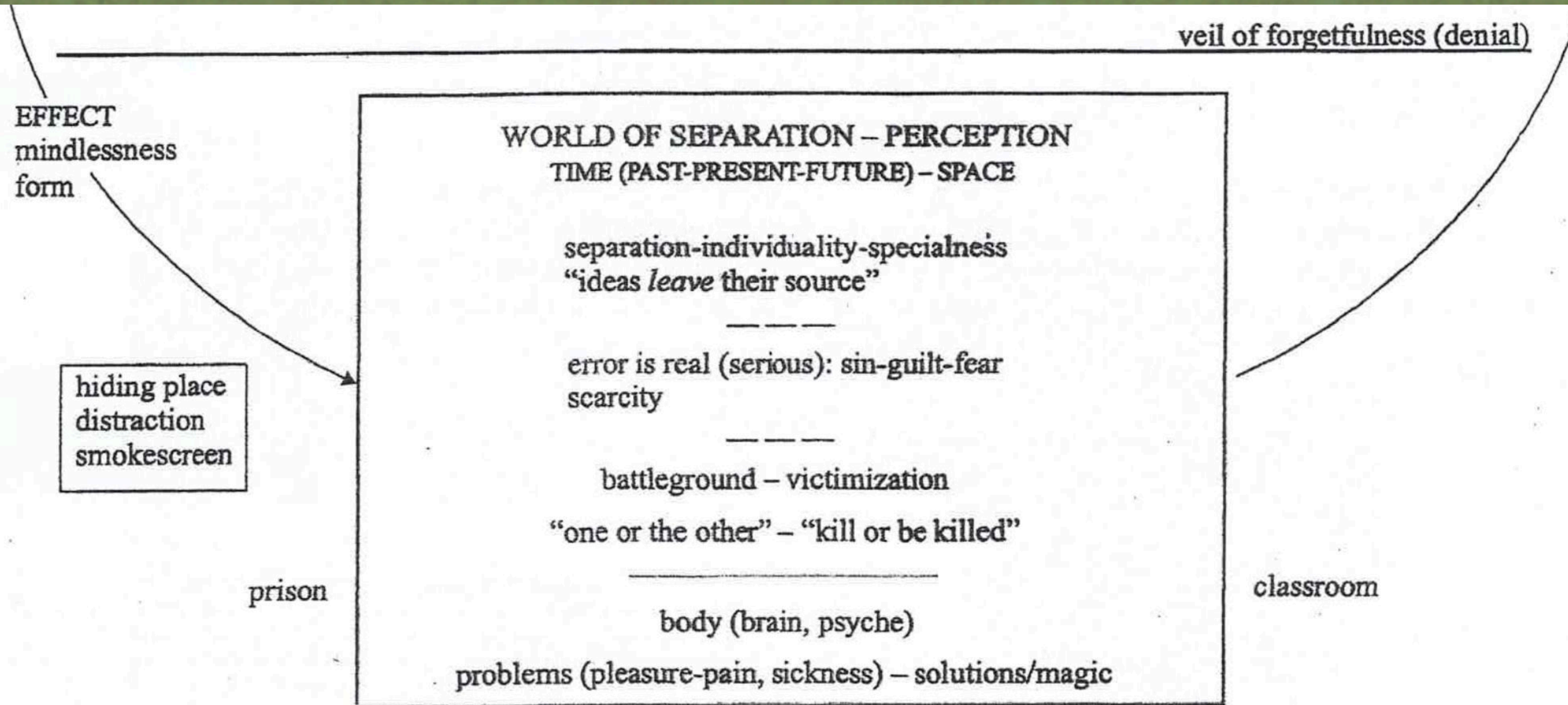
Because we are all connected.

Ultimately, we are all ONE.

The Split Mind



The Split Mind



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Session #2: Clearing

Sovereignty

We have the right to sovereign of our energy field, mind & body.

There has been a great deal of trickery to get us to abnegate our sovereignty and thus, consent to what we do not agree with. This is done through movies, entertainment, subliminal programming, trauma-based mind control and propaganda.

Thus, we have been conditioned to many unloving and self-dishonoring thing, like ...

Saying yes when we mean no and saying no when we mean yes
Responding to bells as if we were Pavlov's dogs
Blind obedience to authority ...

And many other beliefs and behaviors which undermine our actual sovereignty of
body, mind & spirit.

Clearing

Clearing removes interference, old patterning and old energies that do not serve us.

The work of clearing is essential for all levels of our being, even this work - which is primarily focused upon energetic clearing.

Clearing supports our Central Nervous System. It supports our capacity to handle stressors as well as other people's energies.

When we are clear we are able to make decisions based on inner guidance rather than from fear or blind obedience.

Clearing Processes

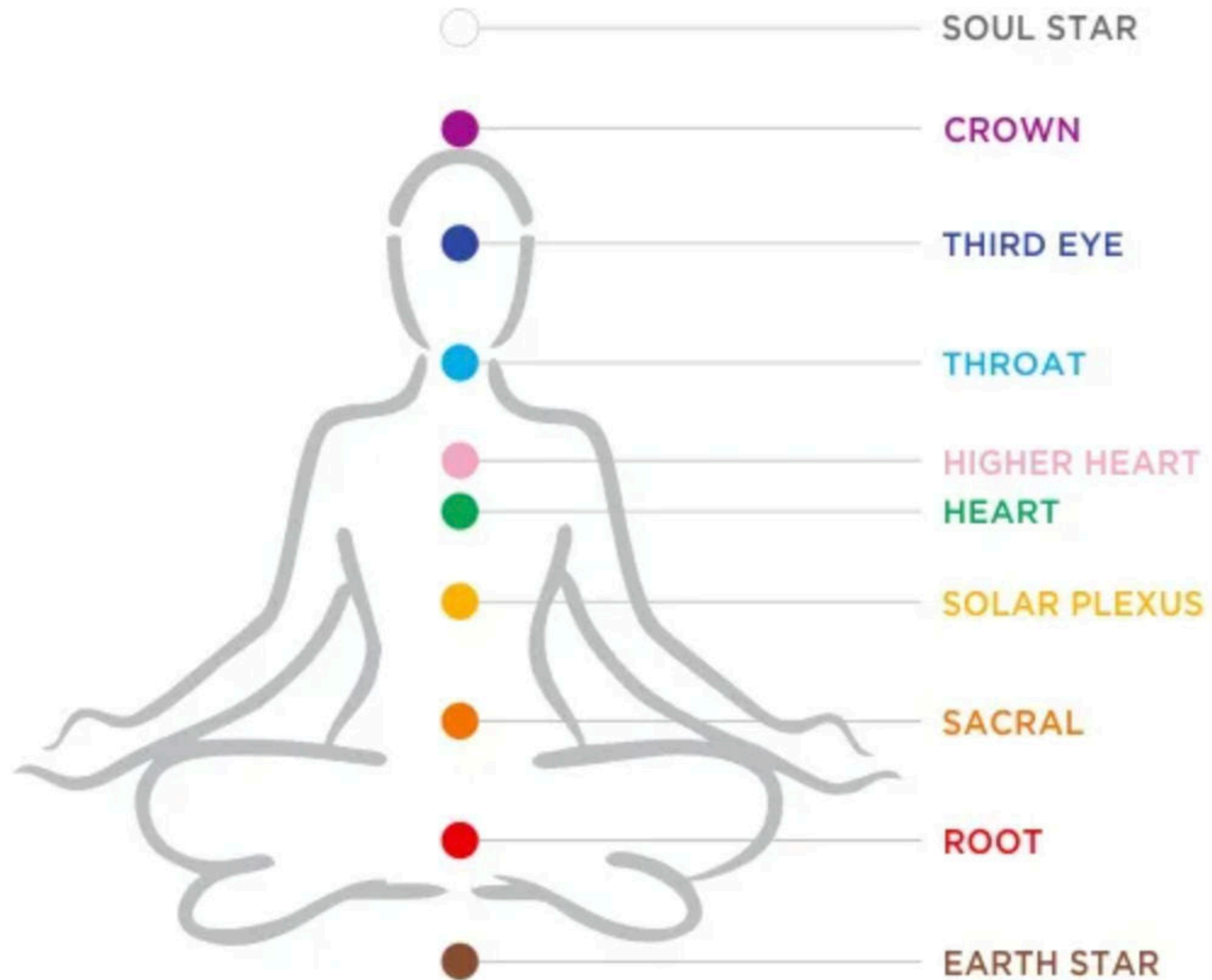
Tapping (“EFT”)

Grounding & Releasing to Earth

Commanding & Clearing

Deep Chakra Cleanse

The Energy Body (“Chakras”)



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Session #3: Healing & Sealing

Where are you Leaking

Physical

(Diet, Exercise, Rest, Screen time)

Emotional

(Emotional overwhelm, trauma, samskaras, resentments, fear, draining relationships, blocked emotions, self-judgement/self-hate)

Mental

(Looping thoughts, judgements, negativity, attachment to outcomes, areas of focus)

Energetic

(Unshielded from OPE, Emotional/energy sponge, defensive energetic “walls”)

Where are you Leaking

Physical

Healing & Sealing

Emotional

Healing & Sealing

Mental

Healing & Sealing

Energetic

Healing & Sealing

Sovereignty Statement

Consciously Choosing to Give and Withdraw Consent

Components

Call upon the Divine for Protection

State your Conscious Sovereignty over all aspects of Self.

Withdraw consent, obedience, support for, or cooperation with anything which violates your right to your God-Sovereign-Free Self.

“I AM” Statement of Sovereignty.

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Session #4: Refill & Amplify

Refill & Amplify
with the Divine & Our Sophia Christ Light

Forgiveness

The Return of the Holy Mother

Forgiveness

If we *really* remembered ...

- We are all One Beloved Child of the Divine
- We are dreaming a dream of separation
- What we experience is an out-projection of our inner film
- When we attack another in thought or deed, it's like attacking the screen of a film instead of changing the projector - and our minds are the projectors.
- When we hurt another in thought or deed, we are the ones carrying the attack energy
- And that holding resentments is like drinking poison and hoping the other person dies ...

Forgiveness would be a no-brainer.

Forgiveness

The Holy Grace of Forgiveness

The Liberation from the Cross of Matter

The Unwinding of the Trickery of Ego

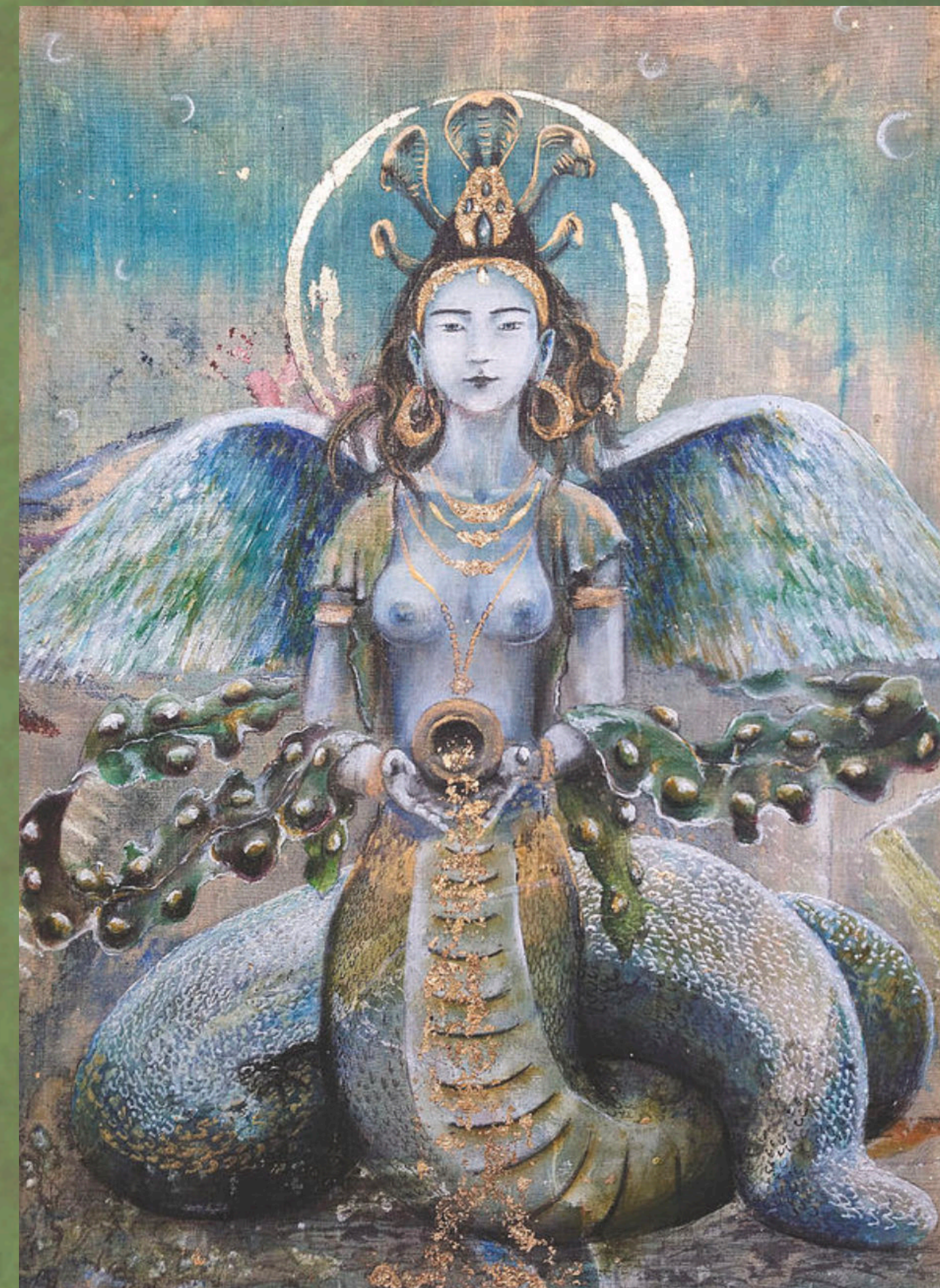
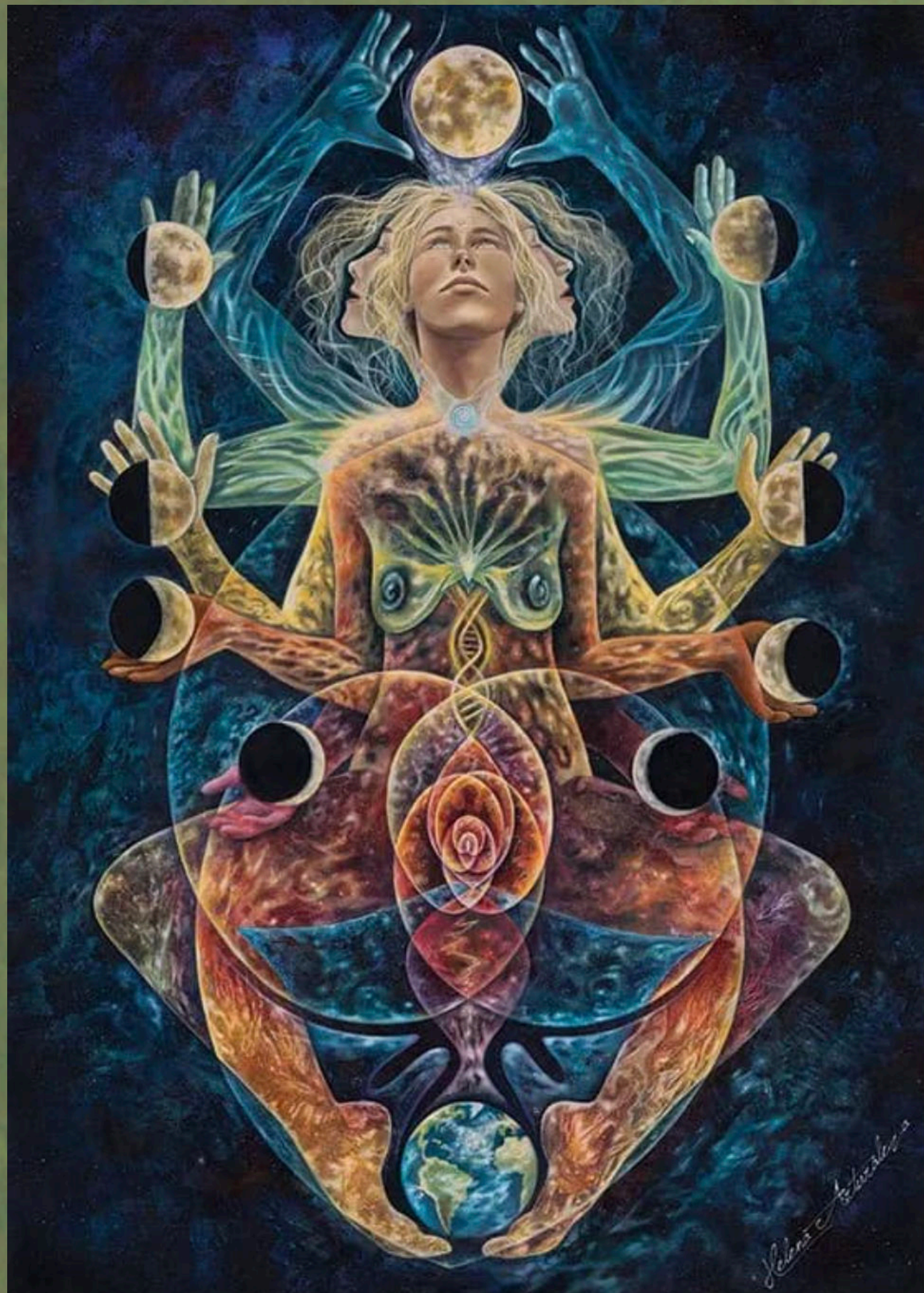
The Remembrance of Love's Presence

The Peace that Surpasseth Understanding

The Holy Mother's Return



The Holy Mother's Return



Whole Brain Integration

Bringing Polarities into Union

Left Brain - Right Brain Balance & Flow

Plugging Back in to Gaia



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Session #5: Upgrades & Activations

Message from the Guides

My Meditation Practice

Sally Kempton

Dr. Joe Dispenza

Jesus

THANK YOU!

*Soul Relief
&
Renewal Weekend*

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